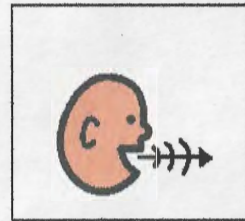
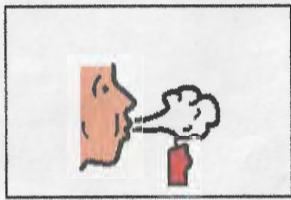
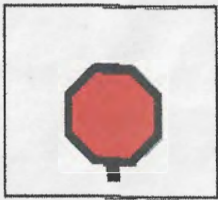
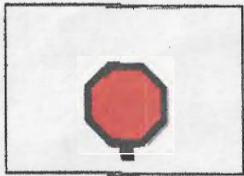


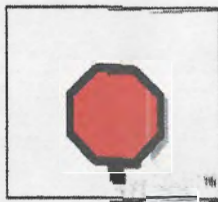
1. Stop. Think. Repeat what I said without getting upset.



2. Stop. Take a deep breath. Respond.



3. Stop. Get a drink. Calm my body.



4. Stop. Do hook-ups.